

Junior Blue Belt Requirements

1. BRIDGING THE GAP
2. ADVANCING PHOENIX
3. FLASHING DAGGERS
4. SILK WIND
5. SPREADING THE LEAVES
6. CROSSING THE LOCK
7. FOLDING WINGS
8. VISE
9. SWINGING GATE
10. STRETHING THE BOW
11. ARCING BLADES
12. CIRCLE OF CHINA
13. SILENT ESCAPE
14. RETURNING VIPER
15. RETURNING THUNDER
16. THE SERPENT

Forms

Short 3